

**For Internal Use Only**

**BALTIMORE CITY COUNCIL  
PUBLIC HEALTH AND ENVIRONMENT  
COMMITTEE**

*Mission Statement*

On behalf of the Citizens of Baltimore City, the mission of the **Public Health and Environment Committee** is dedicated to safeguarding the well-being of Baltimore's residents by advancing policies that promote health equity, environmental justice, and sustainability. Recognizing the deep connection between public health and the environment, the committee works to reduce health disparities, improve access to essential services, and address climate-related challenges that impact communities.

**The Honorable Phylicia Porter  
Chair**

**PUBLIC HEARING**

**WEDNESDAY, MARCH 12, 2025  
10:01 AM**

**COUNCIL CHAMBERS**

*Legislative Oversight LO25-0007*

**Behavioral Health**

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## BILL SYNOPSIS

**Committee: Public Health and Environment**

**Legislative Oversight: LO25-0007**

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### Behavioral Health

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**Sponsor:** Councilmember Porter

**Introduced:** January 27, 2025

**Purpose:**

For the purpose of reviewing Baltimore City's capacity to respond to increasing behavioral health challenges, including BCHD staffing, data-based evaluation and reporting, alignment of City-funded non-City entities, and the visibility of pro-behavioral health efforts

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### Agency Reports

None.

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### Analysis

This Oversight focuses on strengthening Baltimore City's behavioral health system by mandating a comprehensive review of the City's capacity to respond to increasing behavioral health challenges. The proposed review would include an evaluation of the Baltimore City Health Department's (BCHD) staffing levels, development of data-driven evaluation and reporting processes, alignment and oversight of City-funded non-governmental entities providing behavioral health services, and increasing the visibility of pro-behavioral health efforts.

Baltimore needs to be better positioned to address the growing mental health needs of its residents through a more organized, data-informed, and coordinated behavioral health system. Improved BCHD staffing and evaluation mechanisms would lead to faster and more effective interventions, while aligning city-funded non-profits ensures a unified approach to care. Additionally, raising awareness of available behavioral health resources would reduce stigma and encourage residents to seek help. Ultimately, this initiative would strengthen community resilience, improve public safety, and foster healthier families—particularly in underserved neighborhoods heavily impacted by trauma, poverty, and violence.

## Additional Information

### **Fiscal Note: N/A**

**Information Source(s):** LO25-0007

*Deontre Hayes*  
Analysis by: Deontre Hayes Direct Inquiries to: (410) 396-1260  
Analysis Date: March 10, 2025

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# Leading By Example Programs

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Leading  
By Example

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# **SERVING** By Example



## **OUR MISSION**

LBE's mission is to improve the quality of life for children, adults, and families worldwide.

LBE will utilize mental health treatment and education services to produce healing and restoration for our clients and their community.

# Therapy and Medication Management



## What our Outpatient Mental Health Clinic Offers:

- Comprehensive Biopsychosocial Assessments and Psychiatric Evaluations
- Individualized Treatment Plans
- Medication Management services
- Individual, Group, & Family Psychotherapy (ages 5+)
- Support Services and Referrals to other LBE programs and community resources as needed
- We serve all of Maryland with face to face or telehealth (virtual) sessions

## Referral Process:

Individuals may self-refer to LBE's OMHC by calling (410) 780-2692 and requesting an appointment or by completing an online referral form through our website.

*Insurance accepted: Medicaid and Carefirst*

# Psychiatric Rehabilitation Program (PRP)



## What is Adult and Minor PRP:

PRP services are provided to individuals living with mental illness and help those individuals and their families to manage their lives effectively. PRP is community based services serving Minors (ages 5-17) and Adults (18+).

## What our PRP Offers:

- Minor PRP services include 3-4 one hour visits per month focusing on that individual's treatment plan through on- and off- site services and specific activities.
- Adult PRP services include 6 one hour visits per month focusing on that individual's treatment plan through on- and off- site services and specific activities.
- Rehabilitation Assessments and Individualized Rehabilitation Plans created
- Leadership, Life and Social Skills Development and Education
- Conflict Management Skills Development
- Physical Health Maintenance and Education
- Medication Management Education
- Education and Vocational Skills Development
- Behavior Management Skills Development and Education
- We serve individuals living in Baltimore City, Baltimore County and Harford County

## Referral Process:

Individuals are referred to LBE's Psychiatric Rehabilitation Program by their treating Mental Health Provider, who completes and submits an online referral form via our website at [www.leadingbyexamplellc.com](http://www.leadingbyexamplellc.com).

# Therapeutic Behavioral Services (TBS) Program



## What is TBS:

The TBS Program is a behavior modification service designed to provide intensive in-home services for minor clients who are at risk of removal from the home. The TBS program are for individuals ages 5-21.

## What our TBS Offers:

- Behavioral Assessments
- Family Supportive Services with caregiver support and individual time with the client
- Weekly service hours assigned
- Individualized Behavior Modification Plans
- One-on-One in home support services
- We serve individuals living in Baltimore City, Baltimore County and Harford County

## Referral Process:

Individuals are referred to LBE's TBS Program by their treating Mental Health Provider, who completes and submits an online referral form via our website at [www.leadingbyexamplellc.com](http://www.leadingbyexamplellc.com), including their Biopsychosocial Assessment.

# Care Coordination Program



## What is Care Coordination:

The Care Coordination Program helps youth with intensive mental health needs and their families access medical, mental health, social, educational, and other services. We serve children and youth ages 17 and below at the time of enrollment. These individuals must be living in Baltimore City and have a Mental Health Diagnosis

## What our Care Coordination Offers:

- Care Coordination is a holistic approach to create Care Plans that are youth-guided and family-driven
- Care Plan are tailored to the needs, strengths, and goals of the youth and family
- Client centered care. Assisting with identifying the youth's care team.
- LBE's Care Coordinators support to identify client and family needs to ensure coordination of care/supports including mental health professionals, trusted community resources, needed referrals, etc.
- Care Coordination is provided at three levels based on youth and family needs:
  - General: up to 3 hours per month
  - Moderate: up to 7.50 hours per month
  - Intensive: up to 15 hours per month

## Referral Process:

Individuals may self-refer to LBE's Care Coordination Program by completing an online referral form through our website.

# Transitional Age Youth Residential Rehabilitation Program (RRP)



## What is RRP:

The Residential Rehabilitation Program serves transitional aged youth (ages 18 - 26) with a Priority Population Diagnosis and with significant evidence they cannot live safely in the community (ex: released from incarceration, violent act, homelessness, etc.)

## What our Transitional Age Youth RRP Offers:

- Structured Housing environment including 6 gender neutral beds
- Life Skill Development such as budgeting, cooking classes, grocery store assistance, scheduling appointments, etc
- Supported Employment and Vocational Program
- Development of an individual rehabilitation plan to identify goals
- Connection with community supports, resources and services
- On site staff

## Referral Process:

All RRP requests are submitted to the local Core Service Agency (CSA) and completed using the State's RRP Referral Form.

To request LBE's Baltimore City TAY RRP specifically, please enter "Leading By Example" in section "L" under "Additional Comments"

# Targeted Case Management (TCM) Program



## What is TCM:

The Targeted Case Management (TCM) Program is a service that helps adult individual (ages 18+) with complex needs get the medical, social, and educational services they need. TCM is a collaborative process that involves assessing needs, creating plans, and connecting people with services. Individuals must have a mental health diagnosis given by a previous provider and who are living in Baltimore County or Harford County.

## What our Targeted Case Management Offers:

- Our Case Managers assist with the development of a collaborative care plan
- Participants are designated to be either Level 1 (general) or Level 2 (intensive). Level 1 participants receive 2 hours of service per month; level 2 receive 5 hours of service per month. Hours are a combination of face-to-face or indirect contact, dependent on the specific needs of the participant.
- Identifying needs and referrals needed
- Assisting with referrals and follow up
- Coordination of Care
- Connection with community supports, resources and services
- Advocacy

## Referral Process:

Individuals may self-refer to LBE's TCM Program by completing an online referral form through our website.

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## Our Locations

### ABINGDON OFFICE

35 Kensington Parkway  
Abingdon, MD 21009  
Phone: 410-671-2705  
Fax: 410-670-301

### BALTIMORE CITY OFFICE

3001 E. Biddle St  
Baltimore, MD 21213  
Phone: 443-438-7614  
Fax: 443-835-4776

### NOTTINGHAM OFFICE

5026 Campbell Blvd. Suite H  
Nottingham, MD 21236  
Phone: 410-780-2692  
Fax: 410-780-2694



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***Breakthroughs CAN happen,  
We can help!***

Scan the QR  
code to take  
you to our  
website to  
learn more



**Leading**  
By Example

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