



## Legislation Text

---

**File #:** 14-0166R, **Version:** 0

---

\* WARNING: THIS IS AN UNOFFICIAL, INTRODUCTORY COPY OF THE BILL.  
THE OFFICIAL COPY CONSIDERED BY THE CITY COUNCIL IS THE FIRST READER COPY.  
INTRODUCTORY\*

CITY OF BALTIMORE  
COUNCIL BILL        R  
(Resolution)

Introduced by: Councilmember Mosby

### A RESOLUTION ENTITLED

A COUNCIL RESOLUTION concerning  
**US VegWeek - April 21- 27**

FOR the purpose of recognizing the week of April 21- 27, 2014 as "US VegWeek" and encouraging residents, restaurants, schools, grocery stores, organizations and other institutions to join public officials in choosing and offering a greater variety of vegetarian foods.

#### Recitals

WHEREAS, Baltimore was the first city in the United States to adopt Meatless Mondays in its public schools system.

WHEREAS, Baltimore's 7th District has launched a successful "Get Fit Challenge" to promote fitness and nutrition as a way to improve our personal health as well as our health as a community.

WHEREAS, Baltimore's Office of Sustainability "develops and advocates for programs, policies, and actions by government, citizen, businesses, and institutions that improve the longterm environmental, social, and economic viability of Baltimore City".

WHEREAS, the United Nations recognizes that "Livestock are one of the most significant contributors to today's most serious environmental problems" .

WHEREAS, recent studies and reports have demonstrated that we can lower our carbon footprint simply by reducing the amount of animalbased foods we eat.

WHEREAS, a plantbased diet has been shown to use fewer resources and cause less pollution.

WHEREAS, more than twothirds of the adult population in the United States and nearly a third of children and teens are overweight or obese, and obesity is associated with a higher risk of various health ailments including heart disease and type2diabetes.

WHEREAS, the American Dietetic Association recognizes "appropriately planned vegetarian diets ? may provide health benefits in the prevention and treatment of certain diseases" and that vegetarians tend to have lower rates of heart disease, obesity, hypertension, and type 2 diabetes5.

WHEREAS, a growing number of people are reducing their meat consumption to help prevent animal cruelty.

WHEREAS, national nonprofit organization Compassion Over Killing encourages people to choose vegetarian foods as a way to help build a kinder, cleaner, and healthier world, and municipalities across the country have officially recognized the organization's US VegWeek program to that end.

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF BALTIMORE, that the Council hereby dedicates and proclaims the week of April 21<sup>st</sup>, 2014 as "US VegWeek" and encourages residents, restaurants, schools, grocery stores, organizations and other institutions to join public officials in choosing and offering a greater variety of vegetarian foods.

AND BE IT FURTHER RESOLVED, That a copy of this Resolution be sent to the Mayor, the Health Commissioner, the Director of the Office of Sustainability, the CEO of Baltimore Public Schools, and the Mayor's Legislative Liaison to the City Council.

dlr14-0859~intro/02Apr14  
ccres/VegWeek/cg:tw

dlr14-0859~intro/02Apr14  
????  
ccres/VegWeek/cg:tw