



# City of Baltimore

City Council  
City Hall, Room 408  
100 North Holliday Street  
Baltimore, Maryland 21202

## Legislation Text

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INTRODUCTORY\*

CITY OF BALTIMORE  
COUNCIL BILL        R  
(Resolution)

Introduced by: Councilmember Clarke

### A RESOLUTION ENTITLED

A COUNCIL RESOLUTION concerning  
**In Support of 'Healthy City Days' - September 30th to October 7th**

FOR the purpose of supporting the goals of 'Healthy City Days' and encouraging all Baltimore residents and workers to take the first steps toward a healthier future by taking advantage of the many opportunities for improving their health habits and knowledge that will be presented during the week-long event from September 30th to October 7th, 2011.

### Recitals

With increased education, awareness, and practice, all Baltimore City residents can improve their health outcomes and our city can become a healthier, happier, more productive place to live, work and play. Baltimore's 'Healthy City Days' is an annual program that seeks to highlight the many tools available to residents to assist them in their efforts to improve their day to day health.

Healthy City Days is a comprehensive, interactive initiative that engages Baltimore City residents and workers to focus on healthy lifestyle choices and preventive care. The goal of this week-long citywide effort is to get people eating right, exercising more often, and participating in other prevention-focused activities.

In partnership with The Office of The Mayor, the Baltimore City Health Department, other government and community agencies, non-profits, hospitals, local businesses, and corporate sponsors, Baltimore LiveHealthy hosts nutrition and fitness demonstrations, screening events, lectures, health fairs, lunch and learns, and other interactive activities that increase people's awareness and knowledge of important preventive practices. For 2011, Healthy City Days will take place from September 30th - October 7th.

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF BALTIMORE, That the Council supports the goals of 'Healthy City Days' and encourages all Baltimore residents and workers to take the first steps toward a healthier future by taking advantage of the many opportunities for improving their health habits and knowledge that will be presented during the week-long event from September 30th to October 7th, 2011.

AND BE IT FURTHER RESOLVED, That a copy of this Resolution be sent to the Mayor, the Health Commissioner, and the Mayor's Legislative Liaison to the City Council.

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ccres/HealthyCityDays/tw